Effectiveness of Teaching by Health Care Professionals Dealing With Supine Infant Sleep Positioning to Reduce the Risk of Sudden Infant Death Syndrome
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Abstract
Sudden Infant Death Syndrome, or SIDS, remains one of the leading causes of death in infants one month to one year of age in the United States. This study was conducted to evaluate the effectiveness of discharge teaching and education on infant sleep position and the further prevention of SIDS. This study was conducted at the local pediatric clinic in West Georgia. A convenience sample of 42 mothers of children ranging in age from seven weeks to one year of age participated in this study.